

### Smoking During Pregnancy Modifies the Effect Of 17P on Subsequent Preterm Birth: A 2012-2015 SC PRAMS Analysis

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November 5, 2018

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### 17 Alpha-Hydroxyprogesterone Caproate (17P)

- Prescribed to pregnant women with a history of preterm birth (PTB) to prevent a subsequent PTB<sup>1,2</sup>
- Heyborne et al (2017) study<sup>3</sup>
  - Identified a modifying effect of smoking during pregnancy on the effectiveness of 17P in reducing subsequent PTB
  - Done retrospectively from a randomized control trial on 17P effectiveness



# 17P on SC PRAMS Phase 7

- Phase 7: 2012-2015
- Only information available about 17P receipt, since done in outpatient/at home setting
- 34. During *your most recent* pregnancy, did a doctor, nurse, or other health care worker try to keep your new baby from being born too early by giving you a series of weekly shots of a medicine called Progesterone, Makena<sup>®</sup>, or 17P (17 alphahydroxyprogesterone)?

No
Yes
I don't know



# Do population-based survey data reflect the modifying effect of smoking during pregnancy on 17P effectiveness for reducing subsequent PTB in SC?





Figure 1. Sample inclusions











### Among those with a PPTB,

26% (±8%) reported receiving 17P

15% (±7%) reported smoking during pregnancy

14% (±8%) of those who did not receive 17P smoked during the last 3 months of pregnancy

4% (±3%) of those who received 17P smoked during the last 3 months of pregnancy



# Smoking during pregnancy was significantly associated with subsequent PTB among those who received 17P, but not among those who did not receive 17P

Association	Chi-square p- value
Among those who did not receive 17P, smoking*subsequent PTB	0.8106
Among those who did receive 17P, smoking*subsequent PTB	<0.0001*

Smoking during pregnancy may modify the association between 17P and subsequent PTB



# Limitations

- Small sample sizes in strata
- Lack of adjustment for potential confounders
- Self-reported 17P receipt and smoking during pregnancy



# These findings reveal...

- Further, **more complex** investigation into the effectiveness of 17P is needed
- The importance of incorporating smoking cessation programs into both family planning and prenatal care settings



# References

- 1. Meis P, Klebanoff M, Thom E, et al. Prevention of Recurrent Preterm Delivery by 17 Alpha-Hydroxyprogesterone Caproate. N Engl J Med. 2003;348(24):2379-2385.
- 2. Berghella V. Progesterone and preterm birth prevention : translating clinical trials data into clinical practice. YMOB. 2012;206(5):376-386. doi:10.1016/j.ajog.2012.03.010.
- 3. Heyborne KD, Allshouse AA, Health D. Smoking, 17 Alpha-Hydroxyprogesterone Caproate, and Preterm Birth. *Am J Perinatol*. 2017;33(12):1191-1197. doi:10.1055/s-0036-1586119.



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