

# **Flu Watch**

### MMWR Week 1: December 29, 2019 to January 4, 2020

All data are provisional and subject to change as more reports are received.

### **Geographic Spread**

**Virologic Surveillance** 

have been 1456 lab-confirmed tests reported.

This week **280** lab-confirmed tests were

reported. In the current flu season, there

South Carolina reported widespread activity this week. This is the **eighth** consecutive week at widespread activity.

### **Influenza Activity**



Overall, there was a decrease in influenza activity this week.



### **Regional Influenza Activity**



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 10.5%, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was **high**.



Influenza-Associated Hospitalizations

This week **251** influenza-associated hospitalizations were reported by **61** hospitals. The cumulative hospitalization rate is **18.0 per 100,000**. In the current flu season, there have been **916** influenza-associated hospitalizations.

### **Influenza-Associated Deaths**

This week **9** influenza-associated deaths were reported {however, **2** deaths occurred during previous weeks}. The cumulative mortality rate is **0.5 per 100,000**. In the current flu season, there have been **26** influenzaassociated deaths.

### For a description of South Carolina's influenza surveillance components and definitions go to: <u>https://www.scdhec.gov/FluWatch</u>

For national surveillance, please visit: <u>https://www.cdc.gov/flu/weekly/</u>

# Influenza Activity\*

In the 4 Public Health Regions, activity showed...



\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

# **Virologic Surveillance**

Lab-Confirmed Influenza Cases by Influenza Type To Date*								
	No. of Cases (%)							
Influenza Type	This Week	2019-20	2018-19	2017-18	5 season average			
Overall	280	1456	402	539	297			
Influenza A	167(59.6)	736(50.5)	374(93.0)	463(85.9)	265(89.2)			
A(H3)		11(1.5)	36(9.6)	132(28.5)	87(32.8)			
A(H1N1)	46(27.5)	162(22.0)	72(19.3)	27(5.8)	21(7.9)			
A(NS)*	121(72.5)	563(76.5)	266(71.1)	304(65.7)	157(59.2)			
Influenza B	112(40.0)	716(49.2)	24(6.0)	74(13.7)	32(10.8)			
B (Victoria)	5(4.5)	45(6.3)	1(4.2)		1(3.1)			
B(Yamagata)	1(0.9)	1(0.1)		12(16.2)	2(6.3)			
B (LND)⁺	106(94.6)	670(93.6)	23(95.8)	62(83.8)	29(90.6)			
Influenza Virus Co-infection**	1(0.4)	4(0.3)	4(1.0)	2(0.4)	N/A			

\*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

\*\*Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

#### Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



# Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **10.5%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.** 

Reports were received from providers in **11** counties, representing all DHEC Public Health regions.

\*\*ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*

#### Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



MMWR Week



ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH



### **Influenza-Associated Hospitalizations and Deaths**

Influenza-Associated Hospitalizations by Age Group*								
	No. of Hospitalizations (Rate)							
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+		
This Week	251(4.9)	15(5.1)	6(0.7)	51(2.5)	70(6.9)	109(12.5)		
2019-20	916(18.0)	63(21.2)	58(7.1)	181(8.7)	259(25.6)	355(40.6)		
2018-19	475(9.5)	27(9.2)	13(1.6)	87(4.2)	121(12.1)	227(26.3)		
2017-18	810(16.3)	34(11.6)	29(3.6)	105(5.1)	160(16.1)	482(58.1)		
5 season average	631(13.0)	37(13.0)	26(3.2)	91(4.5)	129(13.3)	348(44.8)		

Influenza-Associated Deaths by Age Group*							
	No. of Deaths (Rate)						
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+	
This Week	9(0.2)			2(0.1)			
2019-20	26(0.5)			4(0.2)	3(0.3) 4(0.4)	4(0.5) 18(2.1)	
2018-19	20(0.4)	1(0.3)			9(0.9)	10(1.2)	
2017-18	29(0.6)			1(0.0)	3(0.3)	25 (3.0)	
5 season	16(0.5)	1(0.1)		1(0.0)	3(0.4)	11(2.3)	
average							

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