

# **Flu Watch**

### MMWR Week 5: January 26 to February 1, 2020

All data are provisional and subject to change as more reports are received.

**Influenza Activity** 

### **Geographic Spread**

South Carolina reported widespread activity this week. This is the **twelfth** consecutive week at widespread activity.

### Virologic Surveillance

This week **404** lab-confirmed tests were reported. In the current flu season, there have been **3239** lab-confirmed tests reported.



Overall, there was no change in influenza activity this week.



#### **Regional Influenza Activity**



Influenza-Like Illness Surveillance The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was 9.7%, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was **high**.



Influenza-Associated Hospitalizations

This week **183** influenza-associated hospitalizations were reported by **51** hospitals. The cumulative hospitalization rate is **32.7 per 100,000**. In the current flu season, there have been **1660** influenza-associated hospitalizations.

#### **Influenza-Associated Deaths**

This week **3** influenza-associated deaths were reported however, 2 death occurred during previous weeks. The cumulative mortality rate is **1.1 per 100,000**. In the current flu season, there have been **56** influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: <u>https://www.scdhec.gov/FluWatch</u>

For national surveillance, please visit: <u>https://www.cdc.gov/flu/weekly/</u>

# Influenza Activity\*

In the 4 Public Health Regions, activity showed...



\*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

## **Virologic Surveillance**

Lab-Confirmed Influenza Cases by Influenza Type To Date*								
	No. of Cases (%)							
influenza Type	This Week	2019-20	2018-19	2017-18	5 season average			
Overall	404	3239	1255	2219	963			
Influenza A	307(76.0)	1959(60.5)	1193(95.1)	1797(81.0)	830(86.2)			
A(H3)	3(1.0)	26(1.3)	125(10.5)	395(22.0)	196(23.6)			
A(H1N1)	61(19.9)	462(23.6)	160(13.4)	109(6.1)	64(7.7)			
A(NS)*	243(79.2)	1471(75.1)	908(76.1)	1293(72.0)	570(68.7)			
Influenza B	97(24.0)	1273(39.3)	56(4.5)	415(18.7)	133(13.8)			
B (Victoria)	10(10.3)	176(13.8)	1(1.8)		1(0.8)			
B(Yamagata)		4(0.3)		30(7.2)	6(4.5)			
B (LND) <sup>+</sup>	87(89.7)	1093(85.9)	55(98.2)	385(92.8)	126(94.7)			
Influenza Virus Co-infection**	0(0.0)	7(0.2)	6(0.5)	7(0.3)	N/A			
*NS – not subtyped *LND – lineage not determined								

\*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

\*\*Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

#### Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



MMWR Week No.

## Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **9.7%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.** 

Reports were received from providers in **15** counties, representing all DHEC Public Health regions.

\*\*ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.\*\*





MMWR Week





### State ILI Activity Level by MMWR Week, 2016-17 Influenza

ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

40 41 42 43 44 45 46 47 48 49 50 51 52 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39

MMWR Week

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nflue

2016-17

### **Influenza-Associated Hospitalizations and Deaths**

Overal

ge 0-4

Influenza-Associated Hospitalizations by Age Group*							
	No. of Hospitalizations (Rate)						
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+	
This Week	183(3.6)	9(3.0)	8(1.0)	39(1.9)	50(5.0)	77(8.8)	
2019-20	1660(32.7)	106(35.7)	91(11.1)	351(16.9)	473(46.8)	639(73.0)	
2018-19	920(18.3)	50(17.0)	35(4.3)	143(7.0)	230(23.0)	462(53.4)	
2017-18	2902(58.5)	96(32.9)	72(8.9)	356(17.4)	647(65.3)	1731(208.7)	
5 season average	1341(27.4)	64(22.0)	47(5.9)	181(8.9)	290(29.6)	759(95.6)	

Influenza-Associated Deaths by Age Group*							
	No. of Deaths (Rate)						
Influenza		Ages	Ages	Ages	Ages	Ages	
Season	Overall	0-4	5-17	18-49	50-64	65+	
This Week	3(0.1)		1(0.1)	1(0.1)		1(0.1)	
2019-20	56(1.1)		1(0.1)	11(0.5)	13(1.3)	31(3.5)	
2018-19	38(0.8)	2(0.7)			14(1.4)	22(2.5)	
2017-18	161(3.2)	1(0.3)		14(0.7)	33(3.3)	113(13.6)	
5 season	67(1.4)	1(0.2)	1(0.1)	4(0.2)	12(1.2)	49(6.2)	
average							

\*Data presented from previous influenza seasons represent the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020. Influenza-Associated Deaths by Region







Age 18-49

Δσρ 5-17

Age 50-64

Age 65 and older



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