

Flu Watch

MMWR Week 6: February 2 to February 8, 2020

All data are provisional and subject to change as more reports are received.

Geographic Spread

South Carolina reported widespread activity this week. This is the **thirteenth** consecutive week at widespread activity.

Virologic Surveillance

This week **529** lab-confirmed tests were reported. In the current flu season, there have been 3961 lab-confirmed tests reported.



Influenza Activity



Overall, there was an increase in influenza activity this week.



14% 12% 10% 8% 6% 4% 2% 0% 8-Feb 18-Jan 25-Jan Week Ending Data displayed is for the end of 2018-19 and beginning of 2019-20. Influenza Seaso

Influenza-Associated Hospitalizations

This week 256 influenza-associated hospitalizations were reported by 50 hospitals. The cumulative hospitalization rate is **38.0 per 100,000**. In the current flu season, there have been **1931** influenza-associated hospitalizations.

Regional Influenza Activity



Influenza-Like Illness Surveillance

The percent of patient visits to sentinel providers for an influenza-like illness (ILI) was **12.4%**, which is **above** South Carolina's baseline (3.6%). The ILI activity level overall was **high**.

Influenza-Associated Deaths

This week **12** influenza-associated deaths were reported however, 8 deaths occurred during previous weeks. The cumulative mortality rate is 1.3 per 100,000. In the current flu season, there have been 68 influenza-associated deaths.

For a description of South Carolina's influenza surveillance components and definitions go to: https://www.scdhec.gov/FluWatch

For national surveillance, please visit: https://www.cdc.gov/flu/weekly/

Influenza Activity*

In the 4 Public Health Regions, activity showed...



*Indicators for assessing influenza activity include: lab-confirmed tests, ILI percent, and hospitalizations.

Virologic Surveillance

Lab-Confirmed Influenza Cases by Influenza Type To Date*									
	No. of Cases (%)								
Influenza Type	This Week	2019-20	2018-19	2017-18	5 season average				
Overall	529	3961	1864	2747	1244				
Influenza A	376(71.1)	1959(62.7)	1785(95.8)	2149(78.2)	1061(85.3)				
A(H3)		27(1.1)	196(11.0)	472(22.0)	236(22.2)				
A(H1N1)	58(15.4)	535(21.5)	185(10.4)	148(6.9)	82(7.7)				
A(NS)*	318(84.6)	1922(77.4)	1404(78.7)	1529(71.1)	743(70.0)				
Influenza B	153(28.9)	1273(37.1)	70(3.8)	589(21.4)	183(14.7)				
B (Victoria)	2(1.3)	180(12.2)	1(1.4)	1(0.2)	1(0.5)				
B(Yamagata)		4(0.3)		38(6.5)	8(4.4)				
B (LND) ⁺	151(89.7)	1286(87.5)	69(98.6)	550(93.4)	174(95.1)				
Influenza Virus Co-infection**	0(0.0)	7(0.2)	9(0.5)	9(0.3)	N/A				
*NS – not subtyped *LND – lineage not determined									

*Data presented from previous influenza seasons represents the data from that season through the same week as the current season. Nationally, the influenza season begins with MMWR week 40 and ends with MMWR week 39. The 2019-20 influenza season began on September 29, 2019 and will end on September 26, 2020.

**Cases with more than one influenza A subtype in the same sample or influenzas A and B in the same sample simultaneously.

Laboratory-Confirmed Influenza Cases, by Virus Type



■ A not subtyped ■ A(H1N1) ■ A (H3) ■ B (lineage not determined) ■ B (YAM) ■ B (VIC) ■ Co-infection



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Influenza-Like Illness Surveillance

This week, the ILI activity level was **high** and **12.4%** of patient visits to SC ILINet providers was attributed to an influenza-like illness. This is **above** the state baseline, **3.6%.**

Reports were received from providers in **15** counties, representing all DHEC Public Health regions.

ILI percentage is dependent upon the number of reporting providers and/or can vary by disease activity or the number of providers submitting reports.

Percentage of Influenza-like Illness (ILI) Visits Reported by Sentinel Providers for Past and Current Seasons



MMWR Week



State ILI Activity Level by MMWR Week, 2016-17 Influenza Season to Present



ILI ACTIVITY LEVELS: MINIMAL LOW MODERATE HIGH

Influenza-Associated Hospitalizations and Deaths

Influenza-Associated Hospitalizations by Age Group*							
	No. of Hospitalizations (Rate)						
Influenza Season	Overall	Ages 0-4	Ages 5-17	Ages 18-49	Ages 50-64	Ages 65+	
This Week	256(5.0)	14(4.7)	9(1.1)	54(2.6)	67(6.6)	112(12.8)	
2019-20	1931(38.0)	120(40.4)	100(12.2)	408(19.6)	547(54.2)	756(86.4)	
2018-19	1141(22.7)	59(20.1)	55(6.8)	173(8.4)	275(27.6)	579(67.0)	
2017-18	3423(69.0)	115(39.4)	91(11.3)	426(20.9)	766(77.3)	2025(244.1)	
5 season average	1568(32.0)	74(25.4)	59(7.4)	210(10.3)	339(34.5)	886(111.4)	

Influenza-Associated Deaths by Age Group*								
	No. of Deaths (Rate)							
Influenza		Ages	Ages	Ages	Ages	Ages		
Season	Overall	0-4	5-17	18-49	50-64	65+		
This Week	4(0.1)			2(0.1)	2()			
2019-20	68(1.3)		1(0.1)	15(0.7)	18(1.8)	34(4.0)		
2018-19	43(0.9)	2(0.7)		1(0.0)	14(1.4)	26(3.0)		
2017-18	199(4.0)	1(0.3)		18(0.9)	38(3.8)	142(17.1)		
5 season	77(1.6)	1(0.2)	1(0.1)	5(0.3)	14(1.4)	56(7.2)		
average								

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